

2021 Subjects : Joint MA Program for IDS

Course Name	Advanced Coach Education
Course Number	OAVA110
Credits	1.0 Credits
Adaptation years	1, 2 Year
Class hold days	SprABWed2
Instructor	Tsuyoshi MATSUMOTO
Overview	We consider coach education in terms of training methods, information strategies, international trends, etc.
Remarks	Organized by Tsukuba. GSI301 Identical to 01EM010. Lectures are conducted in English.
Course Type	lectures
Relation to Degree Program Competences	1. General-propose competence: Ability to use knowledge 2. Degree program competence: Fundamental knowledge and practical skills on sports, health, and physical education
Course Objectives (Learning Outcomes)	Students will be able to learn about coaching education and consider issues at the guidance site while giving guidance according to the target person.
Class Schedule	(1) International Framework of Sports Coaching (2) Strategy in Coaching (3) TGfU Theory as a Coaching Methodology (4) Significance, Cases, and Research Trends in Training and Conditioning (5) Long Term Athlete Development (LTAD) Model (6) Current Status and Perspective of the Sports System in Japan (7) Current State and Challenges of Elite Sport in Japan (8) Principles of Anti-Doping Policies (9) Foundations, Significance and Practical Applications of Mental Training (10) Integrative Definition of Coaching, Effectiveness and Expertise
Grading Philosophy	50% semester final report, 50% class report
Course Hours Breakdown and Out-of-Class Learning	They have specific issues to be faced in the coaching field through their own experiences and seek an attitude to actively discuss in class.
Textbooks, References, and Supplementary Materials	1. Human Kinetics, International Sport Coaching Framework
Office Hours and Contact Information	
Other (Behavioral expectations and points to note for students during coursework)	
Relation to Other Courses	
Teaching Fellow and/or Teaching	

Assistant	
Course Keywords	coaching, tactics, strategy, Information, training