



筑波大学  
University of Tsukuba



かのや  
国立大学法人 鹿屋体育大学  
NIFS NATIONAL INSTITUTE OF FITNESS and SPORTS in KANOYA

**JAPAN SPORT**  
COUNCIL

日本スポーツ振興センター



*Sport has the power to change the world.*

*It has the power to inspire,*

*it has the power to unite people in a way that little else does.*

*Nelson Mandela*

*Joint Master's Program in  
International Development and Peace through Sport*

**National Institute of Fitness and Sports in Kanoya**  
brochure

## Background (International Development through Sport)

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Sport has been recognized as an important tool for social development in the world. As there is a growing number of initiatives to tackle social issues such as education, gender, poverty, health, and peace-building through sport, the demand for persons who have advanced knowledge and competency in the field is increasing.



The Master's program in International Development and Peace through Sport aims to educate students who will contribute to solving social issues using sport as a tool for development and peace. University of Tsukuba and National Institute of Fitness and Sports in Kanoya collaborate with the Japan Sport Council to provide an innovative academic program in English, which allows students to develop practical competence in international development and peace through sport.

## Objectives

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Educate persons who will contribute to the development of international peace, friendship, development of individuals and societies through theoretical and practical studies in sport, physical education and health.

## Educational Goals

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- Knowledge of international affairs and policies. Mission, values, and willpower to achieve goals in contributing to self-sustainability, growth, change, and development of individuals and societies
- Broad perspectives towards people in communities in global contexts and skills to overcome challenges as leaders in the field
- Comprehension of sport, physical education, and health to achieve international peace and friendship and bring positive changes to the lives of people
- Skills of communication and management (practical skills and language proficiency in projects related to sport, physical education, and health) to contribute to the global community

## Abilities and Qualities Trained in the Program

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- As well as knowledge regarding the international situation and policies, intentions, value system and a sense of responsibility for the independence, growth, change, development, and goal achievement of others and society
- Breakthrough power as a practitioner who can exercise leadership on the job, see things from a global and a higher perspective, and care about people in the community
- Deep understanding of sports, physical education, and health which can establish world peace and friendships and enrich people's lives
- Communication and management skills which can contribute to the international community (practical skills and linguistic proficiency necessary for projects and businesses related to sports, physical education and health)

## Greetings from the Program Chair

### Dr. Rie Yamada

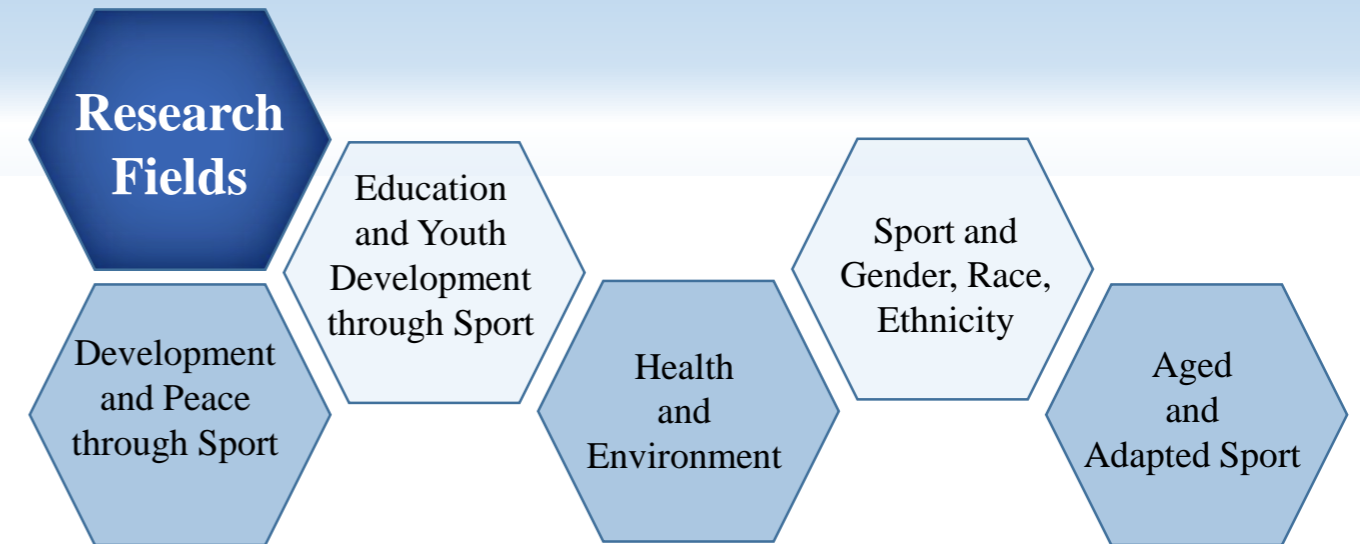
Chair, the Joint Master's Program in International Development and Peace through Sport National Institute of Fitness and Sports in Kanoya

At present, expectations and interest regarding the utility of sports in education, physical training, health promotion, industry, events, tourism, environment, policy, international politics are diverse. Accordingly, approaches to scientific research on sports also vary. Under these circumstances, this joint major in "International Development and Peace through Sport" is receiving a lot of attention as an academic field exploring the additional value of sports.

The usefulness and importance of development through sports (regional and international development) has already been recognized. On the other hand, it is necessary to consider how to engage in development from the standpoint of sports specialization and issues in development and aid. Essentially, it is important to deepen our understanding of body movement culture in various countries and regions. In the future, various research derived from the discourse regarding the association of sports with development and development via sports will allow an associated body of knowledge to be built up and clarified.

The University of Tsukuba, the National Institute of Fitness and Sports in Kanoya, and the Japan Sport Council established the Master's Program in International Development and Peace through Sport in Japan. The aim of its establishment is to develop human resources capable of being active internationally by acquiring expert knowledge and practical skills related to development through sports concurrently with the research capacity to analyze, verify and solve problems scientifically. Through these education and research activities, students will contribute to the enhancement and development of education and research in the field of sports science. I would like to pursue the new possibilities of sports science in this "International Development and Peace through Sports" program with students, graduate students, and staff.

- Refer to the following link for the greetings from the Program Chair at the University of Tsukuba.  
<https://tkjids.taiiku.tsukuba.ac.jp/>



## Curriculum

Lectures (basic / applied / related) to study sports / physical education / health subjects and subjects related to international development studies, exercises inside and outside the university, practice at home and abroad (On the Job Practice), and master's thesis or specific assignments. It consists of reports.

Categories		Terms and Name of Courses	
Lecture (14 credits)	Core	International Development and Peace through Sport I *	
		Olympic Movement Studies*	
		Diffusion of Japanese Culture*	
		Sport Culture and Society	
		Sport Promotion	
		International Sport Policy Studies	
		Sport Management	
		Sport and Persons with Disabilities (PWDs)	
		Health Promotion	
		Advanced Coach Education	
		Research Methods*	
		Cross Cultural Studies in Physical Education*	
		Applied	International Development and Peace through Sport II *
			Management and Organization
Project Management			
Research Project Management [Practical]			
Associated	Principles of Development		
	Public Policy for Social Development I A		
	Public Policy for Social Development I B		
	Multicultural Coexistence		
	Economics of Development		
	Social Development		
	Foundations of Therapeutic Recreation		
	Data Management and Analysis of Research Intercultural Exchange and Communication		
Seminar (10~12 credits)	On campus	IDS Seminar*	
		Research Project*	
	Off campus	JSC Seminar	
		JSC Project	
		Seminar in Universities Abroad	
		International Conference and Seminar	
Practical (6~8 credits)	Domestic	On the Job Practice (Domestic)	
	International	On the Job Practice (International)*	

\* Compulsory

A tailor-made program that gives students the possibility to choose their classes according to their interests

All classes are taught in English

Classes and research guidance using video conference system that take advantage of the strengths of the University of Tsukuba, NIFS in Kanoya, and JSC

**Emphasis on learning in practice**  
 (Examples of OJP (On the Job Practice))

【 Domestic 】

- Support for planning and management of international sports conferences at JSC
- Sports activities at NGOs that support children in disaster areas

【 International 】

- Educational activities for understanding people with disabilities in Cambodia
- Youth development activities at refugee camps in Thailand

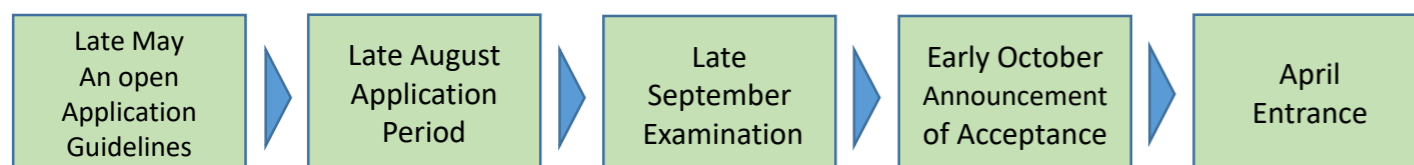
## Degree

Master of Arts in International Development and Peace through Sport

## Alumni Career Path

- After completing the two years program, graduates are expected to contribute to the field of sport and development internationally. Possible career path includes:
- International organizations
- Private Companies
- Sport organizations
- Public incorporated foundation
- Ph.D. course

## Admission



### Number of students to be accepted

- ◇ Three students (National Institute of Fitness and Sports in KANOYA)
- ◇ Five students (University of Tsukuba)

### Application Requirements

- ◇ Applicants who have graduated or expect to graduate from a four-year university
  - ◇ Applicants who have earned or expect to earn a bachelor's degree
  - ◇ Applicants who have a Type I or Advanced certificate issued under the Teachers License Act (22 years of age or older)
  - ◇ Others
- \* For more information on the application requirements, refer to the application guidelines posted on the page of the Joint Master's Program on the website of NIFS in Kanoya.

### Section Process

- ◇ English: At the time of Application, must submit the original official documents of TOEIC L&R Test Official Score Certificate, TOEFL Test Taker Score Report / Examinee Score Report or IELTS (Academic Module) Official Test Report Form\*
  - ◇ Written Examination
  - ◇ Oral Examination
- \*For more information on the English proficiency tests that can be used to apply for the Joint Master's Program, refer to the application guidelines.

## Faculty Members at NIFS in KANOYA ①

### Professor Rie Yamada (Supervisor)

- Keywords related to my research fields:

Regional development, Cultural resources, Traditional sports and game culture, Regional history

It is necessary to improve and enhance research on regional development through sports, because international development is based on regional development. Therefore, by paying much attention to examples of sporting events or educational materials deriving from historical facts, and existing cases of regionally specific traditional physical culture, I have been doing research on the usefulness and the methods of utilizing the culture resources from the standpoint of regional development through sports.

In addition, I have been engaged in collaborative research concerning the examination of the ethical issues of sports activities for the purpose of developing a new system for safeguarding athletes which can lead to the realization of sports integrity.

What action can we take and how can we contribute through sports toward building a peaceful society? I would like to discuss and explore the great value and potentialities of sports with you in this master program.

### Professor Katsumi Mori (Supervisor)

- Keywords related to my research fields:

Child Protection, Safeguarding Athletes, Sport Integrity, Sport Law, Sports Policy

Child Protection or the prevention of corporal punishment on and abuse of children in sports coaching is my research field. The United Nations Office on Sport for Development and Peace regards child protection as an important factor for promoting development in sport. This joint master's program deals with important and cutting-edge issues related to international development. I would like to enjoy doing research with anybody who is interested in this field.

## Faculty Members at NIFS in KANOYA ②

### Professor **Takahiro Kitamura** (Supervisor)

- Keywords related to my research fields:

Sociology of sport, Lifelong sports studies, Leisure and recreation studies

My research fields are sociology of sport, lifelong sports studies, and leisure and recreation studies. I have been doing research for about 10 years on the cultural aspect of budo and the educational impact of budo on the junior high school curriculum.

### Associate Professor **ISLAM MOHAMMAD MONIRUL** (Supervisor)

- Keywords related to my research fields:

Fall prevention, Elderly, Home-based exercises

We use recyclable plastic water bottles to perform a cost-effective and sustainable mode of resistance exercises suitable for older adults which could be performed onsite or online or both. As plastic water bottles are cheap and available in most countries of the world, these exercises are capable of contributing to international development through physical exercises with the elderly all around the world performing them.

### Professor **Toru Kunishige** (Only in charge of a class)

- Keywords related to my research fields:

English language education, Extensive reading, Media training,  
Academic presentations

My current research interest is on the development of an effective English learning program through extensive reading. Also, I'm doing research on the importance of intercultural understanding and communication and the issues involved, the creation of a practical training program that can help athletes to be able to cope with media interviews properly in English, and a useful way to teach students how to give a presentation on their research in the field of sports science. I'm going to teach Intercultural Exchange and Communication in our joint master's program with professors Yamada and Zetterlund. I'm looking forward to discussing various aspects of intercultural exchange and communication with you, which are indispensable for the promotion of international development and peace through sport.

### Senior Lecturer **Isamu Nakamura** (Only in charge of a class)

- Keywords related to my research fields:

International Budo Studies, Judo

My main research areas are the history of the diffusion and the globalization of budo, especially judo. In this program, I am teaching the Diffusion of Japanese Culture, in which I describe how the Westerners reacted to, accepted Japanese traditional culture through examples of judo diffusion. I am going to show how budo clubs started in Paris and in the White House in the USA only about 30 years after the Meiji Restoration, and we are going to discuss what kind of difficulty judo has faced and overcome in its over 100-year-globalization.

### Senior Lecturer **Misaki Sumino** (Only in charge of a class)

- Keywords related to my research fields:

Sport Management, Sport Marketing

My research field is sports management. Especially, I'm doing research on sports marketing and on sports spectators from a consumer behavior perspective. Sports have a great power to make a better world. How should we make the best use of that power? Let's find the answers in the Joint Master's Program in International Development and Peace through Sport

\* Refer to the following link for the faculty member information at the University of Tsukuba.  
<https://tkjids.taiiku.tsukuba.ac.jp/>

## Individual Online Admissions Consultation

### ○Object

- Those who aim to enter the Joint Master's Program in International Development and Peace through Sport or the Master's Course in Physical Education at NIFS in Kanoya are eligible for the consultation.

### ○Date and Time

- From Monday through Friday
- From 9 a.m. to 5 p.m.
- Please make a reservation at least one week in advance with the application form (Microsoft Forms)

### ○To use the system

- Cisco Webex (Video conference system)

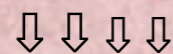
### ○How to apply for the consultation meeting:

- ① Read the QR code or access the URL at the bottom right to reach the application form.
- ② Fill in the application form.
- ③ After confirming your name and email address, press the send button, and your application is complete.

- A specially appointed researcher (a graduate of the Joint Master's Program) is in charge of the online consultation.

QR code for the application form ⇨ ⇨

Below is the URL for the application form.



<https://forms.office.com/r/eDFBRuH5ih>



## Various Facilities at NIFS in KANOYA



Sports Performance Research Center



Budo hall



Indoor sports complex



Track and field complex



Soccer field



Baseball field



Tennis courts

## Contact

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1, Shiromizu-cho, Kanoya-city, Kagoshima, 891-2393, Japan  
The Educational Affairs Office, Educational Planning Section  
TEL: +81994-46-4853 FAX: +81994-46-2533  
Email: [kyoumu-s@nifs-k.ac.jp](mailto:kyoumu-s@nifs-k.ac.jp)